

# Martial Arts From Around The World

You are being provided with a book chapter by chapter. I will request you to read the book for me after each chapter. After reading the chapter, 1. shorten the chapter to no less than 300 words and no more than 400 words. 2. Do not change the name, address, or any important nouns in the chapter. 3. Do not translate the original language. 4. Keep the same style as the original chapter, keep it consistent throughout the chapter. Your reply must comply with all four requirements, or it's invalid. I will provide the chapter now.

## NO MAN'S LAND

? Tristan da Cunha is the most remote, inhabited archipelago in the world. The British Overseas Territory only has 250 permanent residents and is about 1,732 miles from Cape Town, South Africa, the closest major city.

? The legendary Easter Island is technically part of the nation of Chile, but it's a 2,300-mile trip from Santiago.

? If you go to the remote village of Katskhi in the Imereti region of the nation of Georgia, you'll find the Katskhi Pillar. It's a natural limestone formation with a 130 feet ladder that brings you to the ruins of a church on its peak.

? The national capital that's located the farthest from the next closest national capital is actually a tie between Wellington, New Zealand and Canberra, Australia. It just so happens that they are also each other's nearest national capitals at 1,445 miles.

? The Roanoke Colony, Virginia was too isolated from Britain. British attempts to colonize it in 1585 and 1587 ended in tragedy with all the 1587 colonists mysteriously disappearing.

? If you're interested in a truly remote vacation, contact White Desert Ltd. The British company offers five-star accommodations in Antarctica starting at \$62,500 and ranging up to \$98,500 per vacation.

? Tadmor Prison in Syria was once one of the world's most isolated prisons. Tadmor prison was located in Palmyra in the deserts of eastern Syria approximately 200 kilometers northeast of Damascus. Tadmor prison was known for harsh conditions, extensive human rights abuse, torture and summary executions.

? The Rub' al Khali or "Empty Quarter" covers over 250,970 square miles of the Arabian Peninsula. It is largely devoid of life and rarely crossed.

? After Mount Everest, Mount Aconcagua in Argentina is the most topographically isolated mountain in the world. The next highest peak after it is 10,265 miles away at Tirich Mir in Pakistan.

? North Sentinel Island in the Indian Ocean is home to the most isolated people in the world with 50-200 people. Since 1956, laws have prohibited outsiders from visiting the island.

? The world's most northern settlement with a population of at least 2,368 in 2019, is Longyearbyen, Norway. You can only get to the rest of Norway from there by airplane or boat.

? The monastery at Le Mont-Saint-Michel, France is located near a town, but its isolation is due to it being on a tidal island. Before a raised causeway was built in 1879, boats were the only way to get there at high tide.

? Wake Atoll is an American territory located 2,298 miles west of Honolulu and 1,991 miles southeast of Tokyo in the Pacific. Besides the United States Army and military, Wake Island is not home to any other humans except for a few contractors. The island's largest inhabitants are rats and hermit crabs. At one point, rats counted for two million of the island's population. No wonder the permanent population is...zero!

? A trade embargo is used by a group of nations to economically isolate one or more other nations. The term is Spanish, meaning "hindrance" or "obstruction."

? According to the Oxford Big Data Institute, Glasgow, Montana is located farther from a population center of 75,000 or more people than any town in the US lower 48.

? Iqaluit is the capital of Canada's Nunavut Territory with a population of approximately 7,740, but it has no highway connecting it to the rest of the country. You'll have to fly 1,300 miles to get from Iqaluit to the national capital of Ottawa.

? Ubar is a lost city mentioned in the Quran. In 1992, explorer Ranulph Fiennes led an expedition in the Empty Quarter to find Ubar, with mixed results.

? The Vikings established three settlements in Greenland in the late 10th century. Due to a combination of their isolation and global cooling, they were all gone by the early 16th century.

? The Sandhills is an approximately 20,000 square mile region of northcentral Nebraska that is hundreds of miles from a major city or even a four-lane highway.

? If you're flying from Rosario, Argentina to Xinghua, China, you're looking at the longest distance between two cities of 100,000 people or more at 12,425 miles.

? Located on the very northern tip of Alaska is the lonely town of Barrow. Unless you're an ice road trucker, you can only get to this

town via an hour and a half flight from Anchorage.

? La Rinconada, Peru is the world's highest permanent settlement at 16,700 feet. It's also one of the most isolated, with the nearest airport being several hours' drive away.

? North Korea is often called the "Hermit Kingdom" due to its political isolation. The term originally described Korea's Joseon Dynasty (1392-1897).

? The Gurbantünggüt Desert in the Xinjiang region of northwest China is the farthest you can be on Earth from a coastline. The location 46°17'N 86°40'E in the desert is 1,644 miles from the ocean.

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## MARTIAL ARTS FROM AROUND THE WORLD

? The term "martial arts" generally refers to any fighting style that has been standardized with a set of rules. The term "martial" is derived from the Roman god of war, Mars.

? Modern boxing follows the "Marquis of Queensbury Rules," which was the code developed in England for the sport in 1867. Bare knuckles fights were eliminated in most places by the 1890s.

? "Kung Fu" is a Cantonese Chinese term used to refer to many different styles of Chinese martial arts. The Mandarin term is Wushu, but they both can be translated into "martial art."

? The first documented use of the term "mixed martial arts" (MMA) was at the UFC 1 fighting event in 1993. The term is now used by dozens of leagues/promotions around the world.

? On December 3, 1810, Englishman Tom Cribb defeated former African American slave Tom Molineaux in what is considered the first world championship boxing match. It only took Cribb 35 rounds to win! But there was controversy over the decision and Cribb later had a rematch of 11 rounds where he defeated Molineaux.

? Action film star Jean-Claude Van Damme really does have an impressive martial arts background. He fought as a professional kick boxer and karate fighter, compiling an 18-1 record.

? Judo is a Japanese style of wrestling that was created by Jigoro Kano in 1882. Similar to Greco-Roman wrestling, Judo emphasizes throws, but ground grappling is also important.

? Olympic wrestling consists of two styles: Greco-Roman and freestyle. Both styles are based on the ancient Greek sport, but Greco-Roman competitors are not allowed to grab below their opponents' waists or use their legs for tripping.

? Pankration was the original mixed martial art. The Greeks introduced

the sport, which combined wrestling and boxing, to the Olympic Games in 648 BCE. It was a no-holds-barred contest with few rules except for no eye-gouging or genital attacks.

? Taekwondo is a Korean martial art that emphasizes punches and high kicks. It combines the traditional Korean martial art of Taekkyeon with Japanese and Chinese styles.

? The Ultimate Fighting Championship (UFC) is the top MMA promotion in revenue, globally. In a distant second in revenue and market share is Bellator.

? The wrestling code practiced at the high school and collegiate levels in the US and some other countries is often called “folkstyle wrestling.” Emphasis is placed on mat grappling.

? Sumo, which means “striking one another,” is the national sport of Japan. Although many non-Japanese have competed as professional sumo wrestlers (rikishi), sumo is only practiced in Japan.

? The late Bruce Lee formed his own martial art he called “Jeet Kune Do.” Jeet Kune Do combine Kung Fu and other Eastern arts with boxing and fencing.

? Eastern martial arts are often collectively referred to as “Karate,” but Karate is a specific fighting style that originated in Japan. Karate emphasizes strikes and began in the Ryukyu Kingdom (1429-1879).

? UFC matches are fought in an eight-sided, caged ring known as “The Octagon.” The standard octagon ring is 30 feet in diameter with a six-foot-high fence.

? Capoeira is a Brazilian martial art that combines dance and acrobatics with a fighting style that emphasizes unorthodox kicks. Capoeira was invented by African slaves in the 1500s.

? In addition to freestyle and Greco-Roman wrestling, boxing, fencing, taekwondo, judo, and karate are all Summer Olympic events. Karate made its debut at the Tokyo 2020 games.

? Chuck Norris got his start in martial arts in the late 1950s when he was stationed in South Korea with the US Air Force. He was introduced to the Korean fighting style, Tang Soo Do, but eventually developed his own style, Chun Kuk Do.

? The Russian martial art sambo was developed by the Soviet military in the 1920s. Sambo, which stands for samozashchita bez oruzhiya (“self-defense without weapons”), merged many different styles.

? The Brazilian Gracie family are perhaps the most influential martial arts family today. The Gracies developed Brazilian jujitsu and Rorion Gracie was one of the founders of the UFC.