In this chapter of "The Catcher in the Rye," the narrator, Holden Caulfield, recounts his experiences after arriving in New York City. Immediately after stepping off the train at Penn Station, he feels the urge to reach out to someone but finds himself unable to decide who to call. He considers his brother D.B. in Hollywood, his younger sister Phoebe, and old acquaintances like Sally Hayes. However, he ultimately refrains from calling anyone, feeling disinclined to engage with the people he knows. He heads to a cab, inadvertently giving the driver his home address instead of the hotel where he plans to stay, only realizing his mistake halfway through the journey.

During the ride, Holden asks the cab driver about the local ducks, showing his curiosity about where they go when the lagoon freezes. The driver dismisses him, but this question reflects Holden's deeper contemplation of change and loss, themes prevalent in his life. Upon arriving at the Edmont Hotel, Holden checks in after removing his red hunting cap, wanting to avoid appearing eccentric. The hotel turns out to be filled with dubious characters, and he describes his unimpressive room and the strange activities he observes out of the window.

Through his observations, Holden reveals his conflicting feelings about sexuality and connection. He notes the bizarre behavior of fellow guests, reflecting his discomfort with the sexual norms of adulthood. He grapples with his desires and the rules he tries, often unsuccessfully, to impose on himself regarding relationships with women.

Holden then contemplates contacting a girl named Faith Cavendish, whom he learned about from a friend, considering the potential for a casual encounter. He eventually calls her but struggles to maintain the facade of maturity, revealing his youth and inexperience. Their conversation is fraught with miscommunication and missed opportunities, culminating in a sense of disappointment when she declines to meet him. The chapter highlights Holden's loneliness, confusion about adult relationships, and the pervasive feeling of alienation that defines his character throughout the novel.