In this chapter of "The Catcher in the Rye," Holden Caulfield visits Mr. and Mrs. Antolini's apartment, where he reflects on his relationship with Mr. Antolini, who is a former teacher and mentor. The apartment, located on Sutton Place, is described as swanky, and Holden remembers the times he spent there with the couple. Despite their age difference, Mr. and Mrs. Antolini share a strong intellectual bond, often discussing literature.

Holden arrives feeling dizzy and opts for a cab instead of walking, indicating his discomfort with his current situation. Mr. Antolini greets him warmly but appears slightly intoxicated, setting a casual atmosphere in their home, which is cluttered with remnants of a party. As they engage in conversation, Mr. Antolini expresses concern about Holden's academic performance at Pencey Prep and the failures that seem to stem from deeper feelings of disconnection and frustration.

Throughout their discussion, Holden reveals his struggles with school, particularly with a course called Oral Expression, where he failed due to his dislike of the format that required sticking strictly to a point. Mr. Antolini challenges Holden's thoughts on digression in speech, pointing out the necessity of focus in communication. However, Holden defends the idea that digression and excitement in conversation can lead to more meaningful exchanges.

The chapter delves into a philosophical discussion about life, education, and the pursuit of knowledge, with Mr. Antolini emphasizing the importance of finding one's direction and the danger of living without purpose. He warns Holden he may be "riding for a fall," suggesting a potential emotional crisis. After Mr. Antolini writes a quote from psychoanalyst Wilhelm Stekel about the immature desire to die for a cause versus the mature wish to live humbly for something, Holden contemplates this wisdom.

As the evening progresses, tensions arise when Holden wakes up to find Mr. Antolini sitting next to him, patting his head in a potentially inappropriate manner. Feeling alarmed, Holden quickly decides to leave, despite Mr. Antolini's attempts to persuade him to stay. This confrontation highlights the complex nature of their relationship and Holden's growing anxiety about intimacy and trust, ultimately leading him to flee the situation.