

41. August 4, 2021

On August 4, 2021, Holly is interrupted from a distracting evening by the arrival of Isabelle Jaynes, alongside Herbert Beale and Curtis Rogan from the FBI. Their visit concerns a shocking case making headlines, propelled into the spotlight by diaries discovered in Emily Harris's closet, starting in October 2012, before Jorge Luis Castro's murder. Curtis Rogan, an FBI profiler, highlights the extensive and horrifying content of these diaries, spanning over a thousand pages, revealing Emily's deep-seated hatred and psychosis far exceeding her partner Rodney's inclination towards violence. These diaries detail Emily's detestation for Castro, filled with appalling racial slurs and a broader, venomous view of others, suggesting a level of hatred that was kept hidden even from her husband.

The discussions reveal Emily as the instigator in the murder and cannibalism of Castro, a deed she persuaded her husband to partake in under deluded beliefs of it having miracle cures for their physical ailments, alongside other baseless benefits. Despite Rodney Harris's potential hesitancy, highlighted by his inability to move beyond mere frustration at societal norms and taboos, it was Emily's persuasive and deeply disturbed mindset that initiated their descent into repeated acts of cannibalism. These disturbing revelations provide a penetrating look into the psyche of Emily Harris, illustrating a blend of psychological manipulation and psychotic belief systems leading to their heinous acts, as uncovered through these diaries which are dubbed by Rogan as invaluable from a psychological perspective, despite their grotesque and chilling contents.